

The Oral Inflammation Score

A Quick Guide for DHCPs



Try Calculating
Online

The Oral Inflammation Score is a percentage-based measurement of oral inflammation, calculated using the number of sites that have a pocket depth of $\geq 5\text{mm}$ and exhibit bleeding on probing.

Inflammation and bleeding in the mouth can indicate periodontal disease. If a patient is diagnosed with periodontitis, it's important to establish an action plan to help track their disease progression.

Using the Oral Inflammation Score in 3 Simple Steps

Assess

Step One

- Conduct a periodontal examination
- Probe all 6 sites per tooth
- Count sites with pocket depth (PD) of $\geq 5\text{mm}$ and bleeding on probing

Calculate

Step Two

Follow the steps below to calculate the score.

- Step 1** Total number of teeth x 6 = Total number of probing sites
- Step 2** Total no. of bleeding sites with PD $\geq 5\text{mm}$ ÷ Total no. of probing sites
- Step 3** Result of Step 2 x 100 = Oral Inflammation Score

Communicate

Step Three

- Share score with patient
- Discuss disease state
- Outline next steps
- Schedule follow-up care

To speed things up, use our calculator at www.oralinflammationscore.com or scan the QR code at the top of the page

5 Quick Tips for your Next Appointment

- ✓ Recalculate your patient's score at every periodontal examination
- ✓ Educate patients on their current disease status
- ✓ Access the easy-to-use online calculator at OralInflammationScore.com
- ✓ Document the score in your patient notes for future reference
- ✓ Use the score to discuss a follow-up action plan

Key Benefits

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of Using the Oral Inflammation Score

Enhances patient understanding

A straightforward scoring system helps make the results of dental examinations easier for patients to understand.

Tracks progress between appointments

Tracks gum inflammation between appointments, keeping patients informed about their periodontal disease progression.

May enhance trust¹

Trust may be built by clearly tracking and communicating disease progression.

Communicates the potential need for action

Helps exemplify the potential need for timely action in the fight against periodontal disease.

Demonstrates progress over time

Results are quantifiable, enabling patients to monitor changes in their disease state.

REFERENCES

1. Data on file. OraPharma. Market research: dental patient treatment acceptance factors. Prepared by Lightspeed, LLC. August 2017.

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