The Oral Inflammation Score
A Quick Guide for DHCPs

The Oral Inflammation Score is a percentage-based measurement of oral inflammation, calculated using the number of teeth where at least one site has a pocket depth of ≥5mm and exhibits bleeding on probing.

Inflammation and bleeding in the gums can indicate periodontal disease. If a patient is diagnosed with periodontitis, it's important to establish an action plan to help track their disease progression.

Using the Oral Inflammation Score in 3 Simple Steps

Assess
Step One

During a periodontal examination, probe all teeth in the mouth, 6 sites per tooth, and count:

1. The number of teeth probed
2. The number of teeth with a pocket depth (PD) of ≥5mm and bleeding on probing (BOP) in at least one site

Calculate
Step Two

Follow the steps below to calculate the score.

Step 1 Number of teeth with PD ≥5mm and BOP in at least one site ÷ Number of teeth probed

Step 2 Result of step 1 x 100 = the Oral Inflammation Score

Communicate
Step Three

Let's say you probe 28 teeth, and count 10 teeth showing a PD of ≥5mm and BOP in at least one site.

Step 1 **10** (infected teeth) ÷ **28** (total teeth) = 0.36

Step 2 **0.36** x **100** = **36%** Oral Inflammation Score

To speed things up, use our calculator at
www.oralinflammationscore.com
or scan the QR code at the top of the page

5 Quick Tips for your Next Appointment

✓ Recalculate your patient's score at every periodontal examination

✓ Document the score in your patient notes for future reference

✓ Educate patients on their current disease status

✓ Use the score to discuss a follow-up action plan

✓ Access the easy-to-use online calculator at oralinflammationscore.com

Key Benefits
of Using the Oral Inflammation Score

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Enhances patient understanding

A straightforward scoring system helps make the results of dental examinations easier for patients to understand.

Tracks progress between appointments

Tracks gum inflammation between appointments, keeping patients informed about their periodontal disease progression.

May enhance trust[1]

Trust may be built by clearly tracking and communicating disease progression.

Communicates the potential need for action

Helps exemplify the potential need for timely action in the fight against periodontal disease.

Demonstrates progress over time

Results are quantifiable, enabling patients to monitor changes in their disease state.

REFERENCES

1. Data on file. OraPharma. Market research: dental patient treatment acceptance factors. Prepared by Lightspeed, LLC. August 2017.